Department of Veterans Affairs, Employee Education System
and
The National Center for Posttraumatic Stress Disorder (NCPTSD)
Present

PTSD 101: Sexual Harassment and Sexual Assault During Military Service

TMS ID 8534/10.ST.MH.PTSD10121.A

Program Release: October 1, 2010 **Program End:** October 1, 2016

Place
Your workstation

Purpose Statement
Military sexual trauma (MST) is a recent area of research and clinical importance. This course defines sexual harassment and assault and provides prevalence rates for these events in the military. Effects on mental health, approaches to treatment, and common themes of treatment are presented. In addition, the author discusses unique issues for victims in the military and for women and men.

Target Audience
The target audience includes mental health leaders/clinicians, Operation Enduring Freedom/Operation Iraqi Freedom (OEF/OIF) outreach coordinators and clinical managers, psychiatrists, psychologists, intermediate and advanced social workers, nurses, primary care clinicians, and others involved in the provision of services, outreach/communication, or program planning for Veteran populations (such as OEF/OIF), and others who have suffered traumatic stress.

Outcome/Objectives
At the conclusion of this educational program, learners will be able to:
1. define the terms used to describe sexual harassment and assault in the military;
2. report estimates of the frequencies of sexual harassment and assault in the military; and
3. describe the mental health impact of sexual trauma and implications for care.

Registration/Participation in the Activity Procedure
1. Length of course: 1.0 hour
2. Review EES Program Brochure
3. Access the course via the NCPTSD website at http://www.ptsd.va.gov/professional/continuinged/index.asp
4. Attend and participate in 100% of program activity

5. Complete Post Test Exam at a minimum passing score of 80%
6. Complete Program Evaluation **no later than** 11/1/2016.

Instructions for Completing Post-Test

1. Log in to TMS.
2. If you have not registered for the course, you will need to contact the EES POC listed in this brochure for additional registration assistance.
3. Once you have registered for the course, use the To-Do List search field in the upper left portion of your To-Do List to locate the item number.
4. Hover over the title and click Start Course button.
5. Click the "Link to Post-Test**.**"
   *Be sure you have completed all the content objects listed before the post-test first.
6. The Post-Test will open in a separate window.
   *Note: If you don't see the new window, check behind other open windows.
7. Complete the SEES Post-Test. Once submitted, you will be directed to a screen which provides your percent score for the test, and indicates if it is a passing score. Note your score and close the window.
8. Click "Return to Online Content Structure."
9. Once you have passed the Post-Test with a score of 80% or better, you have completed your Post-Test requirement for this course, and should see a green check mark and completion date next to the Link to Post-Test. (Note: If you did achieve a passing score, you can retake the Post-Test using the same Post-Test link contained in the TMS Content Structure.)

Instructions for Completing Evaluation in TMS to Access Accredited Certificate

Please note: Program evaluations must be completed within *30 days* of the conclusion of the program in order to receive a program certificate

1. Log in to TMS.
2. If you **have not registered** for the course:
   a. Contact the EES POC listed in this brochure to be registered.
3. If you **have registered** for the course:
   a. Use the To-Do List search field in the upper left portion of your To-Do List to locate the item number.
4. Hover over the title and click "View Details."
5. In the Item Details screen, click the link Start Course button.
6. Once content is completed, close the window.
7. Click "Return to Online Content Structure."
8. Click the "Link to Evaluation and Certificate." ***Be sure you have completed all the content objects listed before attempting to access the evaluation.** *Note: If you don't see the new window, check behind other open windows.
9. Complete the SEES Evaluation. Once submitted, close the window.
10. Click "Return to Online Content Structure."
11. There should now be a date next to both links in the Online Content Structure window.
12. Some courses require a Self-Certification to record completion. If there is a Self-Certification link present, click the link and follow the instructions given.

You have now completed your requirements for this course, and the item should be located in your Completed Work.

To access your Accredited certificate in TMS, please follow the steps below:

1. From the Home screen in TMS, click on "Completed Work."
2. Hover the mouse over the title of the program, and click "View Details" in the popup window that appears. DO NOT click on the "Print Certificate" here – this will give you the generic TMS certificate.
3. In the Completed Work Details screen, you should see a section named "Accreditation Details."
4. Click the "Print Accredited Certificate" button next to your requested Accreditation.

Your Accredited certificate should appear on the screen for you to save or print.

Asynchronous Activity

Instructions to complete activity:

1. The learner will access the course via the NCPTSD website at http://www.ptsd.va.gov/professional/continuinged/index.asp.
2. After completing this course, the learner will click on the link to TMS, which appears at the very end of the course to access the external site at http://www.ees-learning.net or internal site at https://vaww.ees.aac.va.gov. TMS provides the post-test, evaluation and certificate. A certificate of completion cannot be printed until the post-test and evaluation are completed

Accreditation/Approval

The accreditation organizations for this course are listed below.

American Psychological Association (APA)

The VA Employee Education System (EES) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Employee Education System maintains responsibility for this program and its content.

American Nurses Credentialing Center (ANCC)

VHA Employee Education System is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Note: *ANCC continuing nursing education contact hours are not accepted by the California Board of Registered Nursing (CA BRN) toward license renewal for CA-licensed registered nurses (RNs) and advanced practice nurses (APNs), unless the CA-licensed nurse-participants are physically outside of the state of CA when they start and complete activities sponsored by an ANCC accredited provider of continuing education for nurses.*

Designation of Continuing Education

American Psychological Association (APA)

As an organization approved by the American Psychological Association, the Employee Education System (EES) is sponsoring this activity for 1.0 hour of continuing education credit. The Employee Education System maintains responsibility for this program and its content.

American Nurses Credentialing Center (ANCC)

VHA Employee Education System designates this educational activity for 1.0 contact hour in continuing nursing education.

Note: ANCC continuing nursing education contact hours are not accepted by the California Board of Registered Nursing (CA BRN) toward license renewal for CA-licensed registered nurses (RNs) and advanced practice nurses (APNs), unless the CA-licensed nurse-participants are physically outside of the state of CA when they start and complete activities sponsored by an ANCC accredited provider of continuing education for nurses.

Association of Social Work Boards (ASWB)

The VA Employee Education System, Provider Number 1040, is approved as a provider for continuing education by the Association of Social Work Boards, 400 South Ridge Parkway, Suite B, Culpeper, VA 22701. http://www.aswb.org ASWB Approval Period: 4/7/13 - 4/7/16. Social workers should contact their regulatory board to determine course approval.

Social workers will receive 1.0 continuing education clock hour in participating in this course. The targeted practice level of this course is intermediate and advanced practice social workers.

*Due to recently enacted legislation, **NY licensed social workers** are not eligible to use ASWB-accredited continuing education to meet future licensure requirements. Courses that are not specifically designated for continuing education by the New York State Office of the Professions, State Board for Social Work will not be accepted to renew licensure. Social workers licensed in NY may not use continuing education credit from this activity to meet licensure requirements. Please contact your state licensing board (website: www.op.nysed.gov/prof/sw/, or phone: 518-473-1426) for additional information.*

*Due to recently enacted legislation, **NJ licensed social workers** continuing education licensure requirements have changed. This course is considered 'in-service' by the NJ State Board of Social Work Examiners. To meet continuing education licensure requirements, **NJ licensed social workers** may claim one credit of continuing education for each credit earned; up to half of the required continuing education credits may be claimed via participation in in-service activities. Please contact your state licensing board (website: http://www.state.nj.us/lps/ca/social/, phone: 973-504-6495) for additional information.*

Statement of Participation

A certificate of completion will be awarded to participants and accreditation records will be on file at the Employee Education System. In order to receive a certificate of completion from EES, you must register in the TMS, attend 100% of the program and complete the evaluation as directed in SEES, and then: go into your Completed Work, hover over the title, and choose View Details to print your accredited certificate. For ACPE accreditation, participants must provide their Birthdates (month and date) and their NABP e-Profile ID numbers in their Personal Profiles in TMS.

Report of Training

It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to his/her locally prescribed process.

Program Schedule

Minutes	Content
10	Introduction/Overview
5	Definitions
3	Frequency
5	Impact
3	Sexual Trauma Associations with PTSD
3	Sexual Trauma Experiences' Impact on Mental Health Symptoms
3	Additional Issues to Consider
3	Providing Care for Veterans
3	Don't Be Afraid to Ask Veterans about Experiences
5	Treatment
3	Common Themes
3	Gender Issues
3	Group Therapy
3	Resources for Survivors
5	Conclusion

Faculty and Planning Committee Listing

* Denote planning committee member
+ Denotes faculty

*Nancy Bernardy, PhD Program Director, VHA PTS Mentoring Program NCPTSD White River Junction, VT	*Matt Friedman, MD Executive Director, Executive Division NCPTSD White River Junction, VT
*Deborah Grizzard, RN Chief Nurse, Mental Health VA Palo Alto Health Care System Palo Alto, CA Planning Member for ANCC	*Jessica Hamblen, PhD Deputy for Education NCPTSD White River Junction VA Medical Center White River Junction, VT
*James Leathem, MSW, LCSW-R Social Work Section Chief, Mental Health Northport VA Medical Center Northport, NY Planning Member for ASWB	*Candice Monson, PhD Deputy Director, Women's Health Sciences Division NCPTSD Boston, MA
*Marty Oexner Project Manager St. Louis Employee Education Resource Center Employee Education System St. Louis, MO	*Pamela Swales, PhD Psychologist, Education and Clinical Laboratory Division NCPTSD VA Palo Alto Health Care System Menlo Park, CA Planning Member for APA

EES Program Staff for Trace Code: 10.ST.MH.PTSD10121.A

Marty Oexner
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Employee Education Resource Center
St. Louis, MO

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Deadline Date

This program will no longer be authorized for continuing education credit after: **11/1/2016**. Information on participation may be obtained from Marty Oexner, Project Manager, Employee Education Resource Center, #1 Jefferson Barracks Drive St. Louis, MO 63125, phone: 314-894-6452, or e-mail: martin.oexner@va.gov.

Cancellation Policy

Those individuals who have been accepted to attend and need to cancel: log into TMS, hover over the registered title and withdraw themselves at least two weeks prior to the program.

Accessibility Statement: (Reasonable Accommodation)

The U.S. Department of Veterans Affairs (Employee Education System) is committed to providing equal access to this meeting (or event) for all participants. If you need alternative formats or services because of a disability, please contact Marty Oexner, Project Manager, Employee Education Resource Center, #1 Jefferson Barracks Road St. Louis, MO 63125 , phone: 314-894-6452, or e-mail: martin.oexner@va.gov with your request by close of business 8/1/2016.

Disclosure Statement

The VA Employee Education System (EES) must ensure balance, independence, objectivity, and scientific rigor in all of its individually sponsored or jointly EES sponsored educational activities. All prospective faculty and planning committee members participating in an EES activity must disclose any relevant financial interest or other relationship with: (a) the manufacturer(s) of any commercial product(s) and / or provider(s) of commercial services discussed in an educational presentation, and (b) any commercial supporters of the activity. Relevant financial interest or other relationship includes, but is not limited to, such things as personal receipt of grants or research support, employee or consultant status, stockholder, member of speakers' bureau, within the prior 12 months. EES is responsible for collecting such information from prospective planners and faculty, evaluating the disclosed information to determine if a conflict of interest is present and, if a conflict of interest is present, to resolve such conflict. Information regarding such disclosures and the resolution of the conflicts for planners and faculty shall be provided to activity participants. When an unlabeled use of a commercial product or an investigational use not yet approved by the FDA for any purpose is discussed during an educational activity, EES shall require the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.
The faculty and planning committee members reported that they had no relevant financial relationships with commercial entities in any amount that occurred within the past 12 months that create a conflict of interest.

This activity includes no discussion of uses of FDA regulated drugs or medical devices which are experimental or off-label.

* The ACCME defines "relevant financial relationships" as financial relationships in any amount occurring within the past 12 months that creates a conflict of interest.