

Department of Veterans Affairs Employee Education System

and

The National Center for Posttraumatic Stress Disorder (NCPTSD)

present

COURSE NO. 07.ST.MH.PTSD1018.A

**CROSS CULTURAL ISSUES: AFRICAN-AMERICANS
AND TREATMENT IMPACT FOR POSTTRAUMATIC STRESS DISORDER (PTSD)**

EES WEB-BASED TRAINING EDUCATIONAL ACTIVITY

Originally Released
February 1, 2007

Review
October 1, 2008
October 1, 2009
October 1, 2011
Expiration
October 1, 2013

Place: Your computer workstation.

Purpose: As clinicians treat African-American patients with posttraumatic stress disorder (PTSD) and other mental health diagnoses, it is very important that they also consider historical, cultural, and societal issues, along with their personal beliefs and biases that may either facilitate and/or hinder the therapeutic process. In this course, information is provided about cross-cultural issues, in particular, cultural/societal issues that involve power and privilege and African-Americans. It is helpful to be aware of these issues when providing both individual and group therapy. Issues concerning African-American families, multicultural awareness, competence, therapy guidelines and overall PTSD issues are presented to assist clinicians in facilitating their therapeutic engagement and treatment effectiveness. The course has been designed to enhance the provider's trans-cultural and trans-experiential competencies in the planning and provision of services to African-American clients.

Outcome Objectives: After viewing the presentation, the participant will be able to:

1. integrate major historical and current cultural and societal issues into case conceptualization and treatment of African-American clients;
2. relate the differences in African-American and European-American cultural roots including world views, cultural patterns and themes, values and male/female relations; and
3. employ a culture grid to aid in the conceptualization of the therapist/client relationship when treating African-American clients with PTSD

Target Audience: The target audience includes mental health leadership/clinicians, OEF/OIF outreach coordinators and clinical managers, psychiatrists, psychologists, social workers, nurses, primary care clinicians, and others involved in the provision of services, outreach/communication, or program planning for veteran populations (such as OEF/OIF) and others who have suffered traumatic stress.

Accreditation/Approval:**Accreditation Council for Continuing Medical Education (ACCME)**

The VA Employee Education System is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

American Nurses Credentialing Center (ANCC)

VA Employee Education System is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

California Board of Registered Nursing (CA BRN)

The VA Employee Education System is accredited as a provider of continuing education in nursing by the California Board of Registered Nursing.

American Psychological Association (APA)

The VA Employee Education System (EES) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Employee Education System maintains responsibility for this program and its content.

Continuing Education Credit:**Accreditation Council for Continuing Medical Education (ACCME)**

The VA Employee Education System designates this educational activity for a maximum of **1.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC)

VA Employee Education System designates this educational activity for **1.0** contact hours in continuing nursing education.

NOTE: The California (CA) Board of Registered Nursing (BRN) will not accept ANCC credit toward the renewal of CA licensure, unless the CA licensed nurse-participants are physically outside of the state of CA when they commence and complete ANCC accredited educational activities.

California Board of Registered Nursing (CA BRN)

This continuing education activity has been presented by the VA Employee Education System for **1.0** contact hours. Provider approved by the California Board of Registered Nursing: Provider Number **CEP 4714**.

American Psychological Association (APA)

As an organization approved by the American Psychological Association, the VA Employee Education System is sponsoring this activity for **1.0** hours of continuing education credit. The Employee Education System maintains responsibility for this program and its content. *This program is co-sponsored by the VA Employee Education System and the National Center for Posttraumatic Stress Disorder (NC-PTSD). The VA EES is approved by the American Psychological Association to sponsor continuing education for psychologists. The VA EES maintains responsibility for this program and its content.*

Association of Social Work Boards (ASWB)

VA Employee Education System, Provider Number 1040, is approved as a provider for continuing education by the Association of Social Work Boards 400 South Ridge Parkway, Suite B, Culpeper, VA 22701. www.aswb.org. ASWB Approval Period: 4/7/10 - 4/7/13. Social workers should contact their regulatory board to determine course approval. Social workers will receive **1.0** continuing education clock hours in participating in this course.

The California Board of Behavioral Sciences (CA BBS)

The VA Employee Education System (Provider #: PCE3204) asserts that this educational activity meets the qualifications for **1.0** hours of continuing education credit for Marriage and Family Therapist MFTs and/or for LCSWs as required by the California Board of Behavioral Sciences.

A certificate of attendance will be awarded to participants and accreditation records will be on file at the Employee Education System. In order to receive a certificate from EES, participants must: register and complete an evaluation online; participate in 100% of the educational activity; and generate, per instructions, their own certificate at the conclusion of the activity. EES cannot issue certificates for less than 100% participation, as required by accrediting body regulations.

Report of Training: It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to his/her locally prescribed process.

Program Content

| | |
|---|-----------------------|
| Introduction | <i>Robert Jenkins</i> |
| Lesson 1: Cultural/Societal Issues | <i>Robert Jenkins</i> |
| Lesson 2: African-American Families | <i>Robert Jenkins</i> |
| Lesson 3: Role of Church and Spirituality | <i>Robert Jenkins</i> |
| Lesson 4: Differences in Cultural Patterns and World Issues | <i>Robert Jenkins</i> |
| Lesson 5: Shift in Cultural Orientation | <i>Robert Jenkins</i> |
| Lesson 6: Male/Female Relations | <i>Robert Jenkins</i> |
| Lesson 7: Racial/Ethnic Identity Issues | <i>Robert Jenkins</i> |
| Lesson 8: APA Minimal Multicultural Competencies | <i>Robert Jenkins</i> |
| Lesson 9: Psychotherapy | <i>Robert Jenkins</i> |
| Lesson 10: Psychotherapy Issues | <i>Robert Jenkins</i> |
| Lesson 11: Therapist and Client Framework | <i>Robert Jenkins</i> |
| Lesson 12: Therapist/Client Interaction | <i>Robert Jenkins</i> |

| | | |
|------------|--|-----------------------|
| Lesson 13: | Patient Consultation Questions | <i>Robert Jenkins</i> |
| Lesson 14: | PTSD | <i>Robert Jenkins</i> |
| Lesson 15: | African-American Vietnam Veterans | <i>Robert Jenkins</i> |
| Lesson 16: | Therapy with African-American Veterans | <i>Robert Jenkins</i> |
| Lesson 17: | How Diversity Issues Impact Treatment/Rehabilitation of PTSD | <i>Robert Jenkins</i> |
| Lesson 18: | Cross-Cultural Group Objectives | <i>Robert Jenkins</i> |
| Lesson 19: | Developing Cultural Tolerance | <i>Robert Jenkins</i> |
| Lesson 20: | Guiding Principles of Cross-Cultural Group | <i>Robert Jenkins</i> |
| Lesson 21: | Group Process | <i>Robert Jenkins</i> |
| Summary | | <i>Robert Jenkins</i> |

Program Development

Authors and Planning Committee (*Denotes Planning Committee, + Denotes Faculty)

* Matt Friedman, M.D., Executive Director, National Center for PTSD, Executive Division, White River Junction, VT

* Deborah Grizzard, RN, Chief Nurse, Mental Health, VA Palo Alto Health Care System, Palo Alto, CA, ***Planning Committee Member for ANCC, Planning Committee Member for CA BRN***

* Fred Gusman, MSW, Director of Social Work, National Center for PTSD, Education and Clinical Laboratory Division, VA Palo Alto Health Care System, Menlo Park, CA, ***Planning Committee Member for ASWB, Planning Committee Member for CA BBS***

*+ Robert Jenkins, PhD, Clinical Psychologist, National Center for PTSD, VA Palo Alto Health Care System, Palo Alto, CA

* Tina Lee, M.D., Psychiatrist, National Center for PTSD, Education and Clinical Laboratory Division, Menlo Park, CA, ***Planning Committee Member for ACCME***

* Martin Oexner, BSHS, Project Manager, St. Louis Employee Education Resource Center, St. Louis, MO

* Pamela Swales, PhD, Psychologist, National Center for PTSD, Educational and Clinical Laboratory Division, VA Palo Alto Health Care System, Menlo Park, CA, ***Planning Committee Member for APA***

Project Manager:

Martin Oexner, BSHS
Project Manager
St. Louis Employee Education Resource Center
St. Louis, MO

Project Support Assistant:

Leslie Bradshaw
Project Support Assistant
St. Louis Employee Education Resource Center
St. Louis, MO

Media Support:

Ron Farson
New Media Producer
St. Louis Employee Education Resource Center
St. Louis, MO

Application Procedure:

There is no need to register in advance for this program.

In order to access the course, participants must access the course via the National Center for Post-Traumatic Stress Disorder website at: www.ptsd.va.gov/professional/ptsd101/course-modules/af-am-vets.asp

After completing this course, participants should visit the NCPTSD Continuing Education Credit page at: <http://www.ptsd.va.gov/professional/ptsd101/pages/continuing-education-credit.asp>

Deadline Date:

This program will no longer be authorized for continuing education credit after October 1, 2013. Information on participation may be obtained from Martin Oexner, Project Manager, St. Louis Employee Education Resource Center, 1 Jefferson Barracks Drive, Bldg. 2, phone 314-894-6452.

The Rehabilitation Act of 1973, as amended:

The Employee Education System wishes to ensure no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals participating in its educational activities, because of the absence of auxiliary aids and services. If you require any special arrangements to attend and fully participate in this educational activity, please contact Martin Oexner, Project Manager, EES, St. Louis Employee Education Resource Center, phone 314-894-6452, e-mail Martin.Oexner@va.gov.

Disclosure(s)

The VA Employee Education System (EES) must insure balance, independence, objectivity, and scientific rigor in all its individually sponsored or jointly EES sponsored educational activities. All prospective faculty & planning committee members participating in an EES activity must disclose any relevant financial interest or other relationship with: (a) the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in an educational presentation, and (b) any commercial supporters of the activity. Relevant financial interest or other relationship includes but is not limited to such things as personal receipt of grants or research support, employee or consultant status, stock holder, member of speakers bureau, within the prior 12 months. EES is responsible for collecting such information from prospective planners and faculty, evaluating the disclosed information to determine if a conflict of interest is present and, if a conflict of interest is present, to resolve such conflict. Information regarding such disclosures and the resolution of the conflicts for planners and faculty shall be provided to activity participants. When an unlabeled use of a commercial product or an investigational use not yet approved by the FDA for any purpose is discussed during an educational activity, EES shall require the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.

Each faculty and planning committee member reported having no relevant * financial relationships with any commercial interest. This activity includes no discussion of uses of FDA regulated drugs or medical devices which are experimental or off-label.

*The ACCME defines “relevant financial relationships” as financial relationships in any amount occurring within the past 12 months that creates a conflict of interest.