



PTSD Consultation Program

FOR PROVIDERS WHO TREAT VETERANS

The National Center for PTSD's Consultation Program offers free consultation, education, and resources to VA and non-VA (community-based) health care professionals treating Veterans. Consultation is consistent with evidence-based practices for PTSD and consensus statements such as the **VA/DoD Clinical Practice Guideline for PTSD**. Whether you are new to treating Veterans with PTSD or an expert with years of experience, the PTSD Consultation Program can help.

“The opportunity to talk out a clinical issue with an expert really contributes to the quality of care I can provide.” – Psychologist, Connecticut

How does the PTSD Consultation Program work?

Contact the PTSD Consultation Program by email, **PTSDconsult@va.gov** or by phone, **866-948-7880** to request a consultation. You will typically receive a response to your request within one business day, and a consultant will respond by email or set up a time to talk by phone at your convenience.

For more information go online to **ptsd.va.gov/consult**

How can the PTSD Consultation Program help?

Communicate directly via email or phone with expert clinicians from the National Center for PTSD about:

- Evidence-based Treatment
- Medications
- Resources
- PTSD Assessments/Screenings
- Collaborating with VA on Veterans' Care
- Developing a PTSD Treatment Program
- Information about PTSD for Veterans and caregivers

And request a presentation to learn more about the PTSD Consultation Program or a topic related to PTSD from an expert.

Meet the PTSD Consultants:



Matthew J. Friedman, MD, PhD

Matthew is Senior Advisor (former Executive Director) to the National Center for PTSD and Professor and Vice-Chair for Research in the Department of Psychiatry at the Geisel School of Medicine at Dartmouth.



Abigail Angkaw, PhD

Abigail is a clinical psychologist and Section Chief overseeing a unit of community-based outpatient mental health clinics at the VA San Diego, PTSD Program Director at the VA San Diego, and an Associate Clinical Professor at the University of California, San Diego.



Elissa McCarthy, PhD

Elissa is a clinical psychologist in the VA Connecticut Healthcare system. She specializes in the assessment and treatment of PTSD and insomnia.



Who can use the PTSD Consultation Program?

The PTSD Consultation Program is available to any VA or non-VA (community-based) health care provider including:

- Physicians
- Psychologists
- Social Workers
- Marriage and Family Therapists
- Nurse Practitioners

Hear from other providers about how the PTSD Consultation Program helped them: ptsd.va.gov/consult

What else should I know?

- The Veterans you treat do not have to be eligible for VA services for you to use the PTSD Consultation Program
- You won't need to give us any identifying information about the Veteran you are treating
- The PTSD Consultation Program offers more than 40 free, in-depth online courses about PTSD and trauma. Most courses offer free CEUs (ACCME, ACCME-NP, APA, ANCC, NBCC, ASWB). See the whole catalogue at www.ptsd.va.gov/professional/continuing_ed



Since 2011, the PTSD Consultation Program has been supporting VA providers with consultation. In 2015 the PTSD Consultation Program began offering services to non-VA (community-based) providers who treat Veterans with PTSD. The team responds to thousand of requests a year.

The team of PTSD experts include psychologists, physicians, and pharmacists with an **average of 17 years of experience working as clinicians, administrators, and researchers. Meet them here: ptsd.va.gov/consult**

On the third Wednesday of every month, the PTSD Consultation Program hosts a webinar about PTSD. **Register and earn free CEUs here: ptsd.va.gov/consult**

No question is too big or too small

For emergencies, please follow the protocol at your facility or contact 911 or the Veterans Crisis Line at (800) 273-8255, then press "1." Important information for non-VA providers about the scope of our program: The VA PTSD Consultation Program for Community Providers offers education, training, information, consultation and other resources to non-VA health professionals who treat Veterans with PTSD outside of the VA system. These services are provided consistent with evidence-based practices for PTSD and VA consensus statements such as the VA/DoD Clinical Practice Guidelines for PTSD. Our goal is to improve the care available to all Veterans with PTSD regardless of where they access services. We offer expert guidance on general issues that come up in the course of caring for Veterans with PTSD. We cannot, however, provide direct guidance or consultation regarding nor assume clinical responsibility for specific patients; any potential liability would be only in accordance with the Federal Tort Claims Act.