Wondering which PTSD treatment is right for you?
Use the PTSD Treatment Decision Aid to learn about and compare treatments.

HOW DOES IT WORK?

› Watch Video Interviews with Providers
› Compare the Treatments You Like Best
› Find Answers to Frequently Asked Questions
› Get a Personalized Summary

WHO IS IT FOR?

PATIENTS: The Decision Aid teaches you about your options and gets you ready to work with your provider to choose the best treatment for you.

PROVIDERS: The Decision Aid educates your patients about evidence-based PTSD treatments. Review it together in session, or have your patients work through it at home.

There are effective treatments for PTSD. You have options. The choice is yours.