Things Change...
Including Your PTSD Medication

One thing that won’t change is VA’s commitment to your care.
If you’ve been taking anti-anxiety drugs (Benzodiazepines such as: Alprazolam, Clonazepam, Diazepam, Lorazepam), talk to your doctor about alternate treatment options.

Is it time to change your treatments?
Using anti-anxiety drugs can lead to serious side effects.

Treatment Options

Safer effective medications
Talk therapy
Slow tapering plan to reduce your risks

www.PTSD.va.gov