PTSD TREATMENT WORKS

2026

JUNE

PTSD Awareness Month

SPREAD THE WORD | RAISE AWARENESS

FOR HEALTH CARE PROVIDERS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Step up and register for our Virtual Walk	**2** Look up a specific treatment in Treatment Briefs	**3** Prepare to respond to disaster events	**4** Learn about using mobile apps with clients at Tech into Care	**5** Customize our slide deck (PPT) for a presentation	**6** Learn how the PTSD Consultation Program can help you
7 Order free booklets, posters and other PTSD materials	**8** Share AboutFace videos with your clients	**9** Learn more about best practices for PTSD treatment	**10** Explore our PTSD Treatment Decision Aid	**11** Stay current with our free, online Continuing Education courses	**12** Check out PTSD Coach app updates	**13** Read our Overview of Psychotherapy for PTSD
14 Show clients our animated videos	**15** Share our patient education materials	**16** Use Stress First Aid: Text a coworker to check in	**17** Learn about our PTSD assessment measures	**18** Manage your well-being with our Provider Self-Care Toolkit	**19** *Juneteenth* Learn ways to support clients facing racial trauma	**20** Follow us on X and retweet #PTSDAwareness
21 Subscribe to the PTSD Consultation Program Newsletter	**22** Subscribe to our YouTube channel	**23** Bookmark our Clinician's Guide to Medications for PTSD	**24** Search our PTSDpubs article database	**25** Explore our clinical trials database: PTSD Repository	**26** Plan a training using PTSD Awareness in Health Care Settings	**27** **PTSD Screening Day** Join our campaign
28 Visit our en Español website for Spanish-speaking clients	**29** Subscribe to Clinician's Trauma Update newsletter	**30** Explore our website to stay up-to-date about PTSD				

THANK YOU FOR HELPING SPREAD THE WORD ABOUT PTSD AND EFFECTIVE TREATMENTS

WWW.PTSD.VA.GOV

VA | U.S. Department of Veterans Affairs

National Center for PTSD