

Trauma and PTSD

ONLINE RESOURCES

for Researchers, Providers, and Helpers

60% of adults experience at least one trauma in their lifetime. Subscribe to the PTSD Monthly Update at <http://www.ptsd.va.gov/about/subscribe.asp> and receive updates on new products and findings.



Online Resources

- PTSD overview
- How to treat PTSD
- Assessment information
- Courses for free CE/CME credit
- Where to refer to get help for PTSD
- VA Program locator
- Manuals, videos, handouts for patients

Tools for Providers

Clinician's Trauma Update-Online (CTU) — Updates on the latest clinically relevant research are sent to you by email. Content on treatment and assessment is emphasized.

PTSD Research Quarterly (RQ) — Each RQ contains a review article written by guest experts. Includes a selective bibliography with abstracts and a supplementary list of annotated citations.

Continuing Education — Over forty online courses related to all trauma and PTSD. CE/CME credit available for most courses.

Search for Publications — Search the free online database: PILOTS (Published International Literature on Traumatic Stress). Contains references from over 51,500 books, journals and articles on trauma and PTSD.

VA/DoD Clinical Practice Guideline — Management of Post-Traumatic Stress Topics includes: triage and management of services; routine primary care screening of trauma and related symptoms; diagnosis of trauma syndromes and comorbidities; and evidence-based treatments.

Manuals

Psychological First Aid (PFA) — PFA is an evidence-informed modular approach for assisting people in the aftermath of disaster and terrorism.

The Iraq War Clinician Guide — The Guide was developed for clinicians addressing the unique needs of Veterans of the current wars.



PTSD Consultation Program
FOR PROVIDERS WHO TREAT VETERANS

PTSD Consultation Program Lecture Series — Live webinars from PTSD experts offered monthly for providers who treat Veterans. Topics are based on questions posed to the program and our staff are available to answer your follow-up questions. See our [Subscribe](#) page to sign up for notices about upcoming lectures.

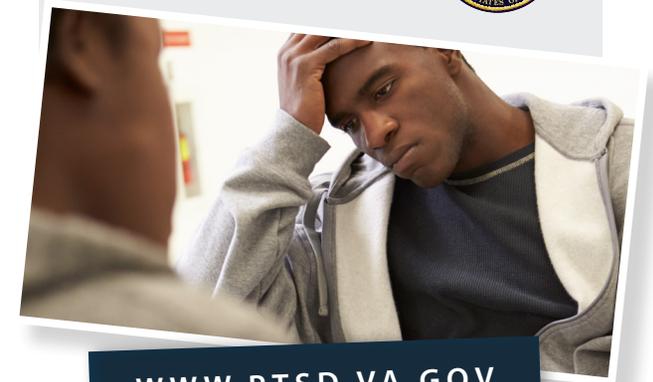
PTSD Consultation Program for Providers — Consultation about PTSD-specific questions is available to providers from experts at the National Center for PTSD.

Email PTSDconsult@va.gov or call (866) 948-7880.

For VA Staff

VA PTSD Intranet site — (on the VA network) Further resources and training for VA clinicians.

- Download assessment instruments.
- CAPS online training.
- Communities of Practice to join. (eg, PE, CPT, MST)



WWW.PTSD.VA.GOV



National Center for
PTSD
POSTTRAUMATIC STRESS DISORDER