Veterans Health Administration
Employee Education System

COURSE NUMBER: 07.ST.MH.PTSD1018.A

PROGRAM EVALUATION

ACTIVITY TITLE: PTSD 101: CROSS CULTURAL ISSUES: AFRICAN AMERICANS & TREATMENT IMPACT FOR PTSD

Program Contact HEATHER HOLSHOUSER, MARTY OEXNER

Contact Email EESEPC@VA.GOV

Contact Phone 314-894-6648

Veterans Health Administration
Employee Education System

PROGRAM EVALUATION

COURSE NUMBER: 07.ST.MH.PTSD1018.A

SUBMISSION INSTRUCTIONS

1. Complete this registration and evaluation form within 30 days of completing the activity.
2. Please save and email a copy of your completed evaluation to EESEPC@va.gov
3. Your certificate will be sent via email to the email address provided below.
4. For questions or concerns regarding the Program Evaluation or Certificate, the following contact methods are available: EPC by email at EESEPC@va.gov, or the EES Customer Service by phone at 1.877.EES.1331 Opt.5

OCCUPATIONAL CATEGORY

- ☐ Administrative
- ☐ Advanced Practice Nurse
- ☐ Associated/Allied Health
- ☐ Clinical Psychologist
- ☐ Dentist
- ☐ Licensed Clinical Social Worker
- ☐ Pharmacist
- ☐ Pharmacy Tech
- ☐ Physician
- ☐ Physician Assistant
- ☐ Podiatrist
- ☐ Registered Dietitian
- ☐ Registered Nurse
- ☐ Speech/Language Pathologist
- ☐ Other Clinical
- ☐ Other

EMPLOYER CATEGORY

- ☐ VHA
- ☐ VBA
- ☐ NCA
- ☐ VA OTHER
- ☐ DOD
- ☐ IHS
- ☐ OTHER FEDERAL
- ☐ NON FEDERAL

Date Completed

☐☐ ☐☐ ☐☐☐☐

ACCREDITATION/CERTIFICATE REQUESTED:

Activity must be approved for the certificate type in order for such a certificate to be issued.

- ☐ General/Non-Accredited
- ☐ ACCME
- ☐ ACCME - Non Physician
- ☐ ACHE
- ☐ ACPE
- ☐ ACPE-Technician
- ☐ ADA
- ☐ ANCC
- ☐ APA
- ☐ ASHA
- ☐ ASWB
- ☐ CA BBS
- ☐ CA BRN
- ☐ CDR
- ☐ NBCC

EMAIL ADDRESS: Enter Complete Email Address

LAST NAME:

FIRST NAME:

I assert that I attended 100% of this program: e-Signature:

Type your full name in the block above

PRIVACY ACT STATEMENT

AUTHORITY: Title 50, Appendix, U.S.C., Title 10, U.S.C., Public Law 96-357 96th Congress, September 24, 1980 (Amendment to 10 U.S.C. 2107).
PRINCIPAL PURPOSE(S): To develop policies and procedures, compile statistics and render analytical reports, and to track participation in EES activities.
ROUTINE USES: The information provided on the application will be used to maintain data on EES activities, provide requested reports on participation, and to provide activity original and duplicate certificates to EES activity participants.
MANDATORY AND VOLUNTARY DISCLOSURE AND EFFECT ON INDIVIDUAL PROVIDING INFORMATION: Disclosure of information requested in the EES registration form (the application) is voluntary; however, the information must be furnished in order to ensure the applicant will receive a certificate of completion for EES activities and appropriate education credit.

Veterans Health Administration
Employee Education System

PROGRAM EVALUATION

COURSE NUMBER: 07.ST.MH.PTSD1018.A

PLEASE CIRCLE THE APPROPRIATE RESPONSE CORRESPONDING WITH EACH QUESTION BELOW:	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Not Applicable
Overall, I was satisfied with this learning activity.	O 1	O 2	O 3	O 4	O 5	O NA
The learning activities and/or materials were effective in helping me learn the content.	O 1	O 2	O 3	O 4	O 5	O NA
I learned new knowledge and skills from this learning activity.	O 1	O 2	O 3	O 4	O 5	O NA
The scope of the learning activity was appropriate to my professional needs.	O 1	O 2	O 3	O 4	O 5	O NA
The content of the learning activity was current.	O 1	O 2	O 3	O 4	O 5	O NA
Was the content presented in a manner that was fair and balanced? If no, please explain:		O Yes	O No	O NA		
If you feel you will be successful in applying this learning, please provide a few specific examples of how you will apply it.						
I will be able to apply the knowledge and skills learned to improve my job performance.	O 1	O 2	O 3	O 4	O 5	O NA
If you required any accommodations for a disability your request was addressed respectfully and in a timely manner.	O 1	O 2	O 3	O 4	O 5	O NA
The appropriate technology was utilized to facilitate my learning.	O 1	O 2	O 3	O 4	O 5	O NA
The training environment (face to face, video conference, web based training) was effective for my learning.	O 1	O 2	O 3	O 4	O 5	O NA
I found that the technology in this learning activity was easy to use.	O 1	O 2	O 3	O 4	O 5	O NA
Overall, I was satisfied with the use of technology in this learning activity.	O 1	O 2	O 3	O 4	O 5	O NA
The technology in this learning activity was responsive and provided access to further support.	O 1	O 2	O 3	O 4	O 5	O NA
What about this learning activity was <u>most useful</u> to you?						
What about this learning activity was <u>least useful</u> to you?						

Thank you for your helpful feedback.

Veterans Health Administration
Employee Education System

PROGRAM OBJECTIVES

COURSE NUMBER: 07.ST.MH.PTSD1018.A

Please rate each of the following program objectives.

After attending this learning activity, I have the ability to:	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1. integrate major historical and current cultural and societal issues into case conceptualization and treatment of African-American clients	○	○	○	○	○
2. relate the differences in African-American and European-American cultural roots including world views, cultural patterns and themes, values and male/female relations	○	○	○	○	○
3. employ a culture grid to aid in the conceptualization of the therapist/client relationship when treating African-American clients with PTSD	○	○	○	○	○
	○	○	○	○	○
	○	○	○	○	○
	○	○	○	○	○
	○	○	○	○	○
	○	○	○	○	○
	○	○	○	○	○
	○	○	○	○	○

29673

POST-TEST QUESTIONS COURSE NUMBER: 07.ST.MH.PTSD1018.A

1. Dr. Jenkins coined the term “living while black” to refer to persons of color experiencing:

- ☐ A equality in a Caucasian-dominated society
- ☐ B racial “profiling” while driving only
- ☐ C a and b
- ☐ D all the chronic and pervasive negative stereotypes and experiences they endure as a function of living in the U.S. Caucasian-dominated society
- ☐ E

2. Which of the following is NOT true of African-American culture/families

- ☐ A strong family kinship ties which include the extended family
- ☐ B quasi-kin (i.e., people that are not necessarily blood relatives but have become like family)
- ☐ C flexible family boundaries and shared roles in managing tasks
- ☐ D survival of the individual is more important than the family or the tribe
- ☐ E

3. Historically, the role of the church in African-American communities in the U.S. was as an agency for social reorientation after the period of being enslaved; historically and currently it is also a

- ☐ A sanctuary for handling the pain of racism and discrimination and abuse
- ☐ B way for the family to reinforce themselves
- ☐ C way for the community and educational values to be transmitted
- ☐ D place for people to come together and do story telling and imagery that reinforce old traditions and also reinforce people's abilities to imagine that they can overcome many of the problems that th
- ☐ E all of the above

4. Which of the following is NOT an accurate statement regarding African-American families/family values:

- ☐ A Interdependence and mutual aid among family members
- ☐ B family members should not express emotions outwardly to others
- ☐ C pride and value in the elderly
- ☐ D emphasis on extended family
- ☐ E

5. There are levels and grades of skin color in African Americans, and this involves many dynamics and issues of light to dark skin complexion that can impact on an individual's:

- ☐ A level of self-esteem
- ☐ B success
- ☐ C mobility and societal acceptance
- ☐ D increasing or decreasing levels of privilege
- ☐ E all of the above

6. The American Psychological Association has developed guidelines for minimum multicultural competency including all of the following EXCEPT:

- ☐ A awareness of one's own cultural heritage and ethnic/racial identity
- ☐ B understanding the role of sexual orientation and gender
- ☐ C having knowledge of the history and manifestation of oppression, prejudice, and discrimination in the U.S. and the psychological sequelae
- ☐ D having both written and spoken fluency in at least one other language in addition to English
- ☐ E possessing the ability to accurately self-assess one's own multicultural competence including knowledge of one's personal biases

7. African-American language styles include _____which means that many African Americans can go into different contexts and present themselves and talk in different ways.

- ☐ A talk shifting
- ☐ B code switching
- ☐ C hidden meanings
- ☐ D none of the above
- ☐ E

8. For many African Americans, affective problems such as depression or anxiety might present as:

- ☐ A physical/somatic complaints
- ☐ B psychotic symptoms
- ☐ C hysteria
- ☐ D none of the above
- ☐ E

9. Status that is assigned to one by others is known as

- ☐ A achieved status
- ☐ B referred status
- ☐ C earned status
- ☐ D ascribed status
- ☐ E

10. 1Goals for the provider when working with African American clients include:

- ☐ A fostering a therapeutic alliance with the client
- ☐ B facilitating empowerment of the client
- ☐ C understanding racism that the client may have experienced or discrimination and challenging distortions and maladaptive coping
- ☐ D all of the above
- ☐ E

11. Clinicians need to think about persons of color as not being culturally disadvantaged or culturally deprived because that implies cultural deficiency from the majority perspective

- ☐ A true
- ☐ B false
- ☐ C
- ☐ D
- ☐ E

12. Psychotherapy and counseling traditionally have been geared towards white middle/upper class individuals with cultural influences being ignored or minimized in development of treatments

- ☐ A true
- ☐ B false
- ☐ C
- ☐ D
- ☐ E

13. For veterans of the Vietnam War, there was/is a greater prevalence of PTSD in Caucasian Americans than in any other ethnic/racial group that served

- ☐ A true
- ☐ B false
- ☐ C
- ☐ D
- ☐ E

14. The intergenerational transmission of stressors and imagery can result in what is known as secondary PTSD in newer generations

- ☐ A true
- ☐ B false
- ☐ C
- ☐ D
- ☐ E

15. Because Dr. Jenkins is a highly-educated African-American man, he has not personally experienced racial profiling or other discriminatory experiences

- ☐ A true
- ☐ B false
- ☐ C
- ☐ D
- ☐ E

16.

- ☐ A
- ☐ B
- ☐ C
- ☐ D
- ☐ E

Veterans Health Administration
Employee Education System

FACULTY EVALUATION

COURSE NUMBER: 07.ST.MH.PTSD1018.A

Robert Jenkins / PTSD 101: Cross Cultural Issues: African Americans & Treatment Impact for PTSD	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1. Was able to effectively present content	○ 1	○ 2	○ 3	○ 4	○ 5
2. Was knowledgeable about the topic	○ 1	○ 2	○ 3	○ 4	○ 5
3. Engaged participants effectively	○ 1	○ 2	○ 3	○ 4	○ 5

Comments

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1. Was able to effectively present content	○ 1	○ 2	○ 3	○ 4	○ 5
2. Was knowledgeable about the topic	○ 1	○ 2	○ 3	○ 4	○ 5
3. Engaged participants effectively	○ 1	○ 2	○ 3	○ 4	○ 5

Comments

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1. Was able to effectively present content	○ 1	○ 2	○ 3	○ 4	○ 5
2. Was knowledgeable about the topic	○ 1	○ 2	○ 3	○ 4	○ 5
3. Engaged participants effectively	○ 1	○ 2	○ 3	○ 4	○ 5

Comments

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1. Was able to effectively present content	○ 1	○ 2	○ 3	○ 4	○ 5
2. Was knowledgeable about the topic	○ 1	○ 2	○ 3	○ 4	○ 5
3. Engaged participants effectively	○ 1	○ 2	○ 3	○ 4	○ 5

Comments