Veterans Health Administration
Employee Education System

PROGRAM EVALUATION

COURSE NUMBER: 12.TE.ST.MH.PTSD101CP.A

ACTIVITY TITLE: PTSD 101: VA/DOD (2010) CLINICAL PRACTICE GUIDELINE FOR PTSD: COGNITIVE PROCESSING THERAPY

Program Contact HEATHER HOLSHOUSER, MARTY OEXNER

Contact Email EESEPC@VA.GOV

Contact Phone 3148946648

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SUBMISSION INSTRUCTIONS

1. Complete this registration and evaluation form within 30 days of completing the activity.
2. Please save and email a copy of your completed evaluation to EESEPC@va.gov
3. Your certificate will be sent via email to the email address provided below.
4. For questions or concerns regarding the Program Evaluation or Certificate, the following contact methods are available: EPC by email at EESEPC@va.gov, or the EES Customer Service by phone at 1.877.EES.1331 Opt.5

OCCUPATIONAL CATEGORY

- ☐ Administrative
- ☐ Advanced Practice Nurse
- ☐ Associated/Allied Health
- ☐ Clinical Psychologist
- ☐ Dentist
- ☐ Licensed Clinical Social Worker
- ☐ Pharmacist
- ☐ Pharmacy Tech
- ☐ Physician
- ☐ Physician Assistant
- ☐ Podiatrist
- ☐ Registered Dietitian
- ☐ Registered Nurse
- ☐ Speech/Language Pathologist
- ☐ Other Clinical
- ☐ Other

EMPLOYER CATEGORY

- ☐ VHA
- ☐ VBA
- ☐ NCA
- ☐ VA OTHER
- ☐ DOD
- ☐ IHS
- ☐ OTHER FEDERAL
- ☐ NON FEDERAL

Date Completed

☐☐ ☐☐ ☐☐☐☐

ACCREDITATION/CERTIFICATE REQUESTED:

Activity must be approved for the certificate type in order for such a certificate to be issued.

- ☐ General/Non-Accredited
- ☐ ACCME
- ☐ ACCME - Non Physician
- ☐ ACHE
- ☐ ACPE
- ☐ ACPE-Technician
- ☐ ADA
- ☐ ANCC
- ☐ APA
- ☐ ASHA
- ☐ ASWB
- ☐ CA BBS
- ☐ CA BRN
- ☐ CDR
- ☐ NBCC

EMAIL ADDRESS: Enter Complete Email Address

LAST NAME:

FIRST NAME:

I assert that I attended 100% of this program: e-Signature:

Type your full name in the block above

PRIVACY ACT STATEMENT

AUTHORITY: Title 50, Appendix, U.S.C., Title 10, U.S.C., Public Law 96-357 96th Congress, September 24, 1980 (Amendment to 10 U.S.C. 2107).
PRINCIPAL PURPOSE(S): To develop policies and procedures, compile statistics and render analytical reports, and to track participation in EES activities.
ROUTINE USES: The information provided on the application will be used to maintain data on EES activities, provide requested reports on participation, and to provide activity original and duplicate certificates to EES activity participants.
MANDATORY AND VOLUNTARY DISCLOSURE AND EFFECT ON INDIVIDUAL PROVIDING INFORMATION: Disclosure of information requested in the EES registration form (the application) is voluntary; however, the information must be furnished in order to ensure the applicant will receive a certificate of completion for EES activities and appropriate education credit.

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PLEASE CIRCLE THE APPROPRIATE RESPONSE CORRESPONDING WITH EACH QUESTION BELOW:	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Not Applicable
Overall, I was satisfied with this learning activity.	O 1	O 2	O 3	O 4	O 5	O NA
The learning activities and/or materials were effective in helping me learn the content.	O 1	O 2	O 3	O 4	O 5	O NA
I learned new knowledge and skills from this learning activity.	O 1	O 2	O 3	O 4	O 5	O NA
The scope of the learning activity was appropriate to my professional needs.	O 1	O 2	O 3	O 4	O 5	O NA
The content of the learning activity was current.	O 1	O 2	O 3	O 4	O 5	O NA
Was the content presented in a manner that was fair and balanced? If no, please explain:		O Yes	O No	O NA		
If you feel you will be successful in applying this learning, please provide a few specific examples of how you will apply it.						
I will be able to apply the knowledge and skills learned to improve my job performance.	O 1	O 2	O 3	O 4	O 5	O NA
If you required any accommodations for a disability your request was addressed respectfully and in a timely manner.	O 1	O 2	O 3	O 4	O 5	O NA
The appropriate technology was utilized to facilitate my learning.	O 1	O 2	O 3	O 4	O 5	O NA
The training environment (face to face, video conference, web based training) was effective for my learning.	O 1	O 2	O 3	O 4	O 5	O NA
I found that the technology in this learning activity was easy to use.	O 1	O 2	O 3	O 4	O 5	O NA
Overall, I was satisfied with the use of technology in this learning activity.	O 1	O 2	O 3	O 4	O 5	O NA
The technology in this learning activity was responsive and provided access to further support.	O 1	O 2	O 3	O 4	O 5	O NA
What about this learning activity was <u>most useful</u> to you?						
What about this learning activity was <u>least useful</u> to you?						

Thank you for your helpful feedback.

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PROGRAM OBJECTIVES

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Please rate each of the following program objectives.

After attending this learning activity, I have the ability to:	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
Summarize the Veteran's Affairs / Department of Defense (DoD) 2010 Clinical Practice Guideline for PTSD related to Cognitive Processing Therapy (CPT)	○	○	○	○	○
Review the empirical evidence supporting CPT	○	○	○	○	○
Describe and demonstrate the clinical application of CPT	○	○	○	○	○
	○	○	○	○	○
	○	○	○	○	○
	○	○	○	○	○
	○	○	○	○	○
	○	○	○	○	○
	○	○	○	○	○
	○	○	○	○	○

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POST-TEST QUESTIONS COURSE NUMBER: 12.TE.ST.MH.PTSD101CP.A

1. Which of the following does NOT describe CPT?

- ☐ A Year long treatment
- ☐ B Trauma-focused
- ☐ C Can be done in individual, group, or combined format
- ☐ D None of the above describe CPT
- ☐ E

2. Which of the following populations have been included in randomized controlled trials of CPT?

- ☐ A Rape and sexual assault victims
- ☐ B Childhood sexual abuse victims
- ☐ C Veterans
- ☐ D All of the above
- ☐ E

3. Which of the following is true of long-term outcomes of CPT?

- ☐ A Treatment gains diminish over time
- ☐ B Treatment gains are maintained for 6 months and then diminish
- ☐ C Treatment gains are maintained 5 years later
- ☐ D Treatment gains diminish for 1 year and then begin gaining
- ☐ E

4. Which of the following is true about using CPT with patients with PTSD and a history of Traumatic Brain Injury?

- ☐ A a. CPT is as effective for those with and without a history of traumatic brain injury
- ☐ B b. CPT is more effective for whose without a history of traumatic brain injury
- ☐ C c. CPT is more effective for those with a history of traumatic brain injury
- ☐ D d. Clinicians should never use CPT if the patient has a history of traumatic brain injury
- ☐ E

5. Which of the following does the presenter suggest when a patient does not or only partially responds to treatment?

- ☐ A a. Assess buy in and compliance with treatment and homework
- ☐ B b. Consider alternative treatments
- ☐ C c. Assess stuck points/distortions about not getting better
- ☐ D d. All of the above
- ☐ E

6. Which of the following is NOT a component of CPT?

- ☐ A a. Education about PTSD
- ☐ B b. Identifying stuck points (unhelpful thoughts) and challenging them
- ☐ C c. Biofeedback
- ☐ D d. Writing impact statements at beginning and end of treatment
- ☐ E

7. Which of the following techniques are used in the cognitive therapy sessions?

- ☐ A a. Socratic Questioning
- ☐ B b. Learning about Patterns of Problematic Thinking
- ☐ C c. Mindful meditation
- ☐ D d. A and B
- ☐ E

8. CPT has been to shown to be effective in VA Residential programs

- ☐ A True
- ☐ B False
- ☐ C
- ☐ D
- ☐ E

9. The CPT community has developed several manuals for providers and patients

- ☐ A True
- ☐ B False
- ☐ C
- ☐ D
- ☐ E

10. After going through CPT, patients have more mental health encounters than before going through CPT.

- ☐ A True
- ☐ B False
- ☐ C
- ☐ D
- ☐ E

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FACULTY EVALUATION

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Kate Chard	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1. Was able to effectively present content	○ 1	○ 2	○ 3	○ 4	○ 5
2. Was knowledgeable about the topic	○ 1	○ 2	○ 3	○ 4	○ 5
3. Engaged participants effectively	○ 1	○ 2	○ 3	○ 4	○ 5

Comments

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1. Was able to effectively present content	○ 1	○ 2	○ 3	○ 4	○ 5
2. Was knowledgeable about the topic	○ 1	○ 2	○ 3	○ 4	○ 5
3. Engaged participants effectively	○ 1	○ 2	○ 3	○ 4	○ 5

Comments

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1. Was able to effectively present content	○ 1	○ 2	○ 3	○ 4	○ 5
2. Was knowledgeable about the topic	○ 1	○ 2	○ 3	○ 4	○ 5
3. Engaged participants effectively	○ 1	○ 2	○ 3	○ 4	○ 5

Comments

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1. Was able to effectively present content	○ 1	○ 2	○ 3	○ 4	○ 5
2. Was knowledgeable about the topic	○ 1	○ 2	○ 3	○ 4	○ 5
3. Engaged participants effectively	○ 1	○ 2	○ 3	○ 4	○ 5

Comments